

# Home Adaptation

## Services:

Home Inspection to assess current situation, current and future needs

Design of solutions

Planning of solutions

Introduction to CAPS certified contractors

Liaison with contractors to manage the project



CAPS—Certified Aging in Place Specialist



Certified Senior Care Manager

ACSAH ACCREDITED PROGRAM



Certified Project Management Professional



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## Why Home Adaptation?

- The perfect service for anyone with mobility / sensory issues
- Homes are designed with the fully able-bodied person in mind, we make your home universal
- Little changes can make big differences
- Your home should suit your needs
- Everyone wishes to stay in their home
- These changes can make your life so much easier
- Increase the time that your home is best place for you
- Using Best Practices recommend by:
  - AARP - HomeFit
  - ACLA – Aging Life Care Association
  - NAHB – National Association of Home Builders – Aging in Place
- Changes made that can increase the value

## Ask Yourself

- Is there at least one step-free entrance to your home?
- Is there a bedroom, bathroom and kitchen on the ground floor?
- Are the interior doorways at least 36 Inches wide?
- Does the kitchen have a work surface that can be used from sitting?
- Is there a fire extinguisher within easy reach of stove and oven?
- Are cabinets within easy reach, handles easy to use?
- Do your faucets have lever, motion or touch to turn on and off?
- Are outside paths, hallways and stairs well lit? With switches at each end?
- Clearly visible house numbers?
- Entry doors that are secure, but easy to operate and wont accidentally lock?
- Front door peepholes at a suitable height?
- Security chain on front door?
- Are all your carpets secure and non-slip backing applied to rugs and mats?
- Grab / Handrails securely installed?
- Do you have telephone or medical alert device within easy reach at all time?
- Do you have rocker toggle or rockers switches for lighting?
- Do you have multiple flashlights within easy reach?

## Examples of Solutions:

Ramps

Exterior Lifts

Low profile no-trip thresholds

Smooth floor transitions

Automatic door openers

Lever handles

Doorways at least 32 Inches wide, with maneuvering space around these areas.

Non-slip surfaces on the stairs and other uncarpeted areas (tile or wood etc)

Secure locks, that are easy to operate and won't accidentally lock

Lever, motion or touch sensitive faucets

Raised toilet seats

Grab bars – securely mounted

Showers with zero transitions / curb-less entry, handheld shower heads & bench area

Baths with transfer points, hinged Doors

Motion activated lights or Rocker switches (not toggle), night light or glow in the dark

And hundreds of other solutions depending on the consumers needs